



NEW LONDON RECREATION

SUMMER 2024



CONNECT

111 UNION STREET, NEW LONDON, CT 06230 • 860-447-5230
NEW LONDON YOUTH AFFAIRS 860-442-4994
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MESSAGE FROM THE DIRECTOR OF RECREATION

DEAR FAMILIES AND FRIENDS OF THE NEW LONDON RECREATION DEPARTMENT,

As summer draws near, we're excited to continue crafting enriching programs for our community here at the Recreation Department. Our commitment to fostering well-being across seven dimensions—social, cultural, economic, emotional, environmental, intellectual, and physical—remains steadfast.

We understand the invaluable health benefits of outdoor activities, social interactions, and recreational pursuits that inspire, educate, and energize. NL Recreation is dedicated to providing accessible and affordable recreation experiences tailored to our diverse community.

In thrilling news, we're gearing up to launch new REC MOBILE programs this summer, bringing recreational activities directly to your neighborhood. I eagerly anticipate meeting you at our summer events, where

we will strengthen bonds within our community. Be sure to stay tuned, as there's much more in store!

Please take a moment to peruse our brochure, and don't hesitate to reach out with any questions.

Program registration is available online in multiple languages at www.newlondonrec.com or in person at our office.

Warm regards,

Joshua Posey

Director of Recreation



FOLLOW US ON SOCIAL MEDIA

For the latest news and information regarding City of New London Recreation.



*Please contact us 2 wks. in advance of program with any special accommodation requests. We will make every effort to meet those needs so every child or adult can participate with success. 860-447-5230

HABLAMOS ESPAÑOL PARA MÁS INFORMACIÓN

Llamar al 860-447-5230 or
Correo electrónico ldelucca@newlondonct.org

INCLUSION STATEMENT

The City of New London Recreation Department provides recreation and leisure programs which are open to all residents in the City and seeks and supports participation by all citizens with a variety of interests and abilities. If you or a family member require special accommodations or support to participate in the New London Recreation Department programs, please contact us at least 5 business days prior to the start of class so we may make appropriate accommodations.

MISSION STATEMENT

To connect the community with resources that will enrich and enhance the quality of life of all individuals through healthy lifestyle initiatives, inclusive prevention services, and programs that encourage civic involvement and community partnerships. Safety of participants and staff is our number one priority.

NEW LONDON CITY INFORMATION

CITY COUNCIL

Reona M. Dyess, President | Alma D. Nartatez | Jeffrey P. Hart
Efrain Dominguez Jr. | Akil Peck | Jocelyn Rosario
John D. Satti, Parks & Recreation Commission Liaison
Jennifer Startz, Administrative Assistant

PARKS & RECREATION COMMISSION

Donna Bailey, Co-Chairperson | Norman Harrison, Co-Chairperson | James Diaz-Saavedra | Troy McKelvin | Christina Bliven | Ricky J. Free | James Singleton, Jr. | Alberto Garcia Karen Paul | Patrick Sheehan Gaumer | Michelle Johnson-Scovish, Recording Secretary

MAYOR'S OFFICE

Mayor Michael Passero
Steven Fields, Chief Administrative Officer
Richelle Meneses, Executive Assistant

PARKS DIVISION OF PUBLIC WORKS

Brian Sear, Director of Public Works
Stephen Lee, Deputy Director of Public Works
George Brososke, Parks Crew Leader

RECREATION DEPARTMENT OFFICES

Main Office: Phone: 860-447-5230
Fax: 860-447-7956

RECREATION DEPARTMENT STAFF

Joshua Posey, Director of Recreation

RECREATION

Sharon Bousquet, Assistant Director of Recreation
Sally Brennan, Program Manager II
Tom Podeszwa, Aquatics & Recreation Coordinator
Tara Hannaford, Recreation Supervisor II
Lori DeLucca, Assistant to the Director of Recreation
Zach Morales, Park Ranger

YOUTH AFFAIRS

Ellen Kleckner, Coordinator of Youth Services
Tina Salcedo, Early Childhood & Family Program Leader
Cindy Alvarez, Teen Development & Employment Coordinator
Paola Cruz, Program Coordinator
Rianna Rubino, Program Assistant
Gail Palladino, Program Facilitator
Nicole Broadus, Program Assistant
Debra Sargent, Program Assistant
Margaret Lancaster, Program Assistant
Jenny Alvarez, Program Assistant
Maria Cortorreal, Program Coordinator
Estefani Cruz, Program Assistant

CITY YOUTH SPORTS LEAGUES

NEW LONDON YOUTH SOCCER CLUB

Clare DePeter Powers, President
nlscprez@gmail.com
newlondon.cjsalive.org

NEW LONDON LITTLE LEAGUE

Catrina Zion, President
860-876-7024
NLLLpresident@gmail.com
Andria Fraser, Secretary
860-333-2965
newlondonlittleleague@gmail.com
newlondonlittleleague.com

NEW LONDON YOUTH FOOTBALL & CHEERLEADING

James Singleton, President
860-625-5861
newlondonyouthfootball@gmail.com
nlyouthfootballleague.com

NEW LONDON BABE RUTH

John Satti, President
860-287-0526

CITY PARK GROUPS

The City of NL is fortunate to have volunteer, non-profit groups to enhance our parks. To learn how you can help, contact:

SAVE OCEAN BEACH

Bill Lacey | (860)608-6009
steeringcommittee@saveoceanbeach.org
save-oceanbeachpark.org

RIVERSIDE PARK CONSERVANCY

Ronna Stuller
info@riversideparkconservancy.org
riversideparkconservancy.org

FRESH

McDonald Park & Community Garden
info@FRESHNEWLONDON.ORG



FACILITY RENTAL

Are you planning a practice, game or event and need a recreational location to host your family, friends, associates or co-workers? Look no further! The City of New London Recreation Department and Parks Department are proud to provide the public with wonderful facilities, parks, & fields.

- A permit is required for any organized picnic or activity of 10 or more participants.
- No permit is final until an application is submitted, processed, paid in full, and any additional requested documentation is received.
- Do you have a NLRD account at www.newlondonrec.com? You'll need one to apply for a permit.

Applications for one-time permitted uses are due at least 14 calendar days before the date of use. Requests of less than 14 days will incur a \$5 late fee. No requests will be accepted with less than 3 business days to process. Many one-time permitted uses will be approved at the time of application. Some events, especially larger community events, may require additional information and documentation including but not limited to Certificate of Liability Insurance, 501-3c status, etc. These applications will not be approved until the Recreation Office has reviewed the request and ensured that all appropriate documentation has been provided.



BEACH INFORMATION

GREEN HARBOR BEACH

Address: Pequot Ave., New London
Access to the beach and parking are free. Beach lot located on the park side of the road as well as on street parking. Lifejackets for children to borrow while at the beach are available upon request- on a first come first serve basis.

Beach Open*:

May 25 - June 16, 2024

Weekends only: 10:00 AM – 6:00PM

June 17 – September 2, 2024

Weekday: 9:00 AM – 5:00 PM

Weekends: 10:00 AM – 6:00 PM

** July 4th: 9:00 AM – 6:00 PM

*Hours are subject to change. In the event of severe weather, the beach will close.

AQUATIC PROGRAMS

LEARN TO SWIM LEVELS

Level 1 - For the beginner who is comfortable in the water. Swimmers learn basics of swimming: bobbing, going under water, supported front and back floating, supported rolling over from front to back and back to front, supported gliding, supported flutter kick, supported front crawl arms and jumping in.

Level 2 - Swimmers should already be able to float on front and back and put their head under water. Swimmers will work on: independent front and back floating, independent rolling over from front to back and back to front, independent front and back glides, front crawl arms and kicks, back crawl arms and kicks, retrieving underwater objects, and jumping into water over their head.

Level 3 - Swimmers should already be comfortable swimming front stroke and swimming on their back. Swimmers will work on: gliding, freestyle with side breathing, backstroke, breast stroke and dolphin kicks, retrieving objects in deeper water, treading water, jumping into deep water and compact dives.

Level 4 - Swimmers should already be able to: swim front and back crawl 25 yards. Swimmers will work on: rotary breathing, freestyle, backstroke, elementary backstroke, scissors kick and sidestroke, whip kick and breaststroke, intro to turning at wall, treading water with modified scissors, and diving in kneeling position.

Level 5 - Swimmers should already be able to: swim freestyle, breaststroke and backstroke 50 yards, scissors kick, whip kick, treading water, and dive. Swimmers will work on: alternate breathing, stride jump, refinement of: freestyle, backstroke, elementary backstroke, sidestroke, breaststroke, dolphin kick and butterfly, open turn on front and back, feet-first surface dive, and treading water.

Level 6 - Swimmers should already be able to: swim front and back crawl 100 yds, elementary backstroke 25 yards, breaststroke 25 yards, butterfly 25 yards, sidestroke 10 yards, use 3 strokes to swim a 500 meter swimmer must be able to swim, use all strokes.

YOUTH SWIM LESSONS

Classes are in 6 levels. Please designate your level and time of choice during registration. Sunday classes. Baby and Me (ages birth to 3) and adult classes (age 15 and older) are offered under separate headings.

Date Information: Monday, Tuesday, or Wednesday, June 24 - July 31; 5:30-6:15 PM or 6:30-7:15 PM

Cost: \$55 residents \$65 nonresident

Age Requirements: Ages 4-14 years old

Location: Ocean Beach Pool
98 Neptune Ave., New London

ADULT SWIM LESSONS

This class will focus on basic swim strokes to make all adults comfortable in the water and improve your strokes based on the level you are at. Beginner & intermediate swimmers welcome.

Date Information: Monday, Tuesday, or Wednesday, June 24 - July 31; 6:30-7:15 PM

Cost: \$55/resident \$65/nonresident

Age Requirements: 15 years and up

Location: Ocean Beach Pool
98 Neptune Ave., New London

BABY & ME

The goal of the class is to help make the child comfortable in the water. Parents will be in the water with their child 1:1. Children will participate in activities with songs, jumping into the water as able, using toys to have fun in the water, etc.

Date Information: Mondays, Tuesdays, or Wednesdays, June 24 - July 31; 5:30 - 6:15 PM

Cost: \$55 Resident \$65 nonresident

Age Requirements: Birth to age 3 with parent in water

Location: Ocean Beach Pool
98 Neptune Ave., New London

AQUA TAI CHI

Come experience movement in the water! This gentle water flow class is designed for any fitness level, from beginner to any previous Tai-Chi practice. Class includes warm up, qi-gong, general flow movement series, cardio-zen opportunities, and floating relaxation.

Instructor: Dr. Lyn Litchke

Date Information: Thursdays, July 11- August 8; 5:00-6:00 PM

Cost: \$45 resident \$55 nonresident

Age Requirements: Ages 16 and older

Location: Ocean Beach Pool
98 Neptune Ave., New London



YOUTH ENRICHMENT & DANCE

TENNIS IN THE PARK

The official USTA tennis program where kids play while they learn! Led by an approved USTA Net Generation tennis coach, the program will focus on developing the skills to serve, rally, and play – it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes and the latest fun and engaging activities that help players successfully learn and play the game quicker! First-time registrants will receive and keep a new age-appropriate racket, and a program shirt!

Instructor: Andre Danford

Date Information: Saturdays, May 4 - June 8

Orange Ball: 1:00-2:00 PM Grade 3-5

Green Ball: 2:00-3:00 PM Grade 6-8

Cost: \$30/resident \$35/nonresident

Age Requirements: Grades 3-5, 6-8

Location: Toby May Park Tennis Courts
636 Ocean Ave., New London

BALLET

The class will focus on the basic ballet skills which includes ballet positions, the students' awareness of proper body alignment, flexibility, balance, and self-confidence. Dancers should wear leotards and tights are recommended, no baggy clothing.

Instructor: Amanda Darling

Date Information:

Tuesdays, June 25-August 13, 4:30-5:30 PM

Cost: \$45/resident \$55/nonresident

Age Requirements: Ages 4-17 years old

Location: Senior Center Dance Room
10 Brainard St., New London

RHYTHM & TAP DANCE

Beginner and intermediate tap dance lessons. Program runs throughout the year & meets 2 times per week. Tap shoes required. Please also bring a water bottle each day.

Instructor: Amanda Darling

Date Information:

Tuesdays and Thursdays, June 25-August 20 (no class 7/4),
5:30 PM -6:30 PM

Cost: \$50/resident \$60/nonresident

Age Requirements: Ages 4-17

Location: Senior Center Dance Room
10 Brainard St., New London

TINY TUMBLERS (GYMNASTICS)

An introduction to basic gymnastic skills for 4-6 year olds. Utilizing gymnastics apparatus including the beam, junior bars, vaulting, and floor tumbling. Gymnastics will help your child develop physically and help to build listening skills and confidence.

Instructor: Cindy Lohr

Date Information: Tuesdays, April 30 – June 4; 4:15-5:00 PM

Cost: \$45/resident \$55/nonresident

Age Requirements: Ages 4-6 years old

Location: Harbor Elementary School Gym
432 Montauk Ave., New London

PARENT'S NIGHT OUT

Do you need a night out with your significant other or friends? Need time to go shopping? Parent's Night Out offers parents or caregivers a worry-free time to spend an evening out while their child or children are cared for and involved in exciting activities at the BP Learned Center. More information will be available online. Dinner provided.

May 3: Making Mother's Day Gifts

June 14: Making Father's Day Gifts

Date Information: Fridays, 5:00-9:00 PM

Cost: \$10/resident \$20/nonresident. Sibling discount \$5 off for each sibling.

Age Requirements: Ages 4-10 years old

Location: BP Learned
40 Shaw St., New London

REC MOBILE

Coming this summer to New London Parks! The Rec Mobile will be traveling to parks throughout the city with activities each week for all ages. This is a free program. Follow us on Facebook for weekly activity schedule.

Date Information: Monday-Thursday, June 24-August 22;
9:00-11:00 AM

Locations:

Mondays: Toby May Park

Tuesdays: Veteran's Park

Wednesdays: Calkins Park

Thursdays: Riverside Park



SUMMER CAMP PROGRAMS

SUMMER PLAYGROUND PROGRAM

Six weeks of camp starting July 1! Come have fun with your friends over the summer! Breakfast & lunch are provided. Activities include daily arts & crafts, playing outdoors, learning time, board games, and group games. Locations include BP Learned (4-5 years old), Harbor or Winthrop (6-9 years old), Jennings (K-4th grade), or Bates Woods (10-14 years old). Jennings' playground program will immediately follow summer school. Rain or shine. Proof of residency is required for New London resident rate. Before and after care available, see the listing below.

Date Information: Monday-Friday, July 1-August 9 (no program July 4); 9:00 AM - 3:00 PM

Participants can register weekly or for entire summer.

Cost: \$75/week residents \$100/week nonresidents. A \$5 late fee/registration/week will be applied to registrations after June 14.

Age Requirements: Ages 4-5, 6-9, 10-14

Location: Locations are subject to change.

Ages 4- 5 at BP Learned

Grades K-4 at Jennings School (12:00-5:00 PM)

Ages 6-9 at Winthrop and Harbor School – Location is selected at time of registration.

Ages 10-14 at Bates Woods

BEFORE & AFTER CARE PLAYGROUND PROGRAM

Do you need childcare before or after the playground program. This program gives parents the option to drop off early or pick up late. Participants can register for either before or after-care or for both. Participants are bussed to and from their respective program sites.

Date Information:

Before Care: Monday-Friday, July 1-August 9 (no care 7/4); 7:00 AM – 9:00 AM

After Care: Monday-Friday, July 1-August 9 (no care 7/4); 3:00 – 5:00 PM

Participants can register weekly or for entire summer.

Cost: \$30/week for before care/ \$30 per week for aftercare

Age Requirements: Ages 4-14

Location: BP Learned (Ages 4-9) 40 Shaw St., New London
Bates Woods (Ages 10-14) Chester St., New London

VOLLEYBALL SKILLS CLINICS

Clinics will focus on developing individual and team skills in volleyball. Focusing on technical, physical, cognitive, and emotional development in a fun and safe environment.

Instructor: Jennifer Sullivan

Date Information:

Monday-Thursday, June 24-27, 9:00 AM-12:00 PM

Age Requirements: Ages 11-17

Cost: \$20/day/resident \$30/day/nonresident. Register for 3 days get one free.

Location: TBD

SOCCER & SWIM CAMP

Soccer Camp: This camp will focus on developing individual and team skills in soccer. Focusing on technical, physical, cognitive, and emotional development in a fun and safe environment.

Swim Camp: This portion of camp will be part aquatics instruction & education on swimming techniques and general water safety. Participants will participate in a wide range of pool games and activities.

Combo Soccer/Swim: Children will participate in both individual camps and enjoy a supervised, provided lunch. Campers will be walked to Ocean Beach from Nathan Hale.

Instructor: Jason Marika & Department of Recreation Staff

Date Information: Monday-Friday, June 24-June 28

Soccer Camp: 9:00 AM-12:00PM

Swim Camp: 1:00 -3:00 PM

Combo Soccer/Swim: 9:00 AM-3:00 PM

Cost: Swim or Soccer Camp: \$40 residents \$50 nonresidents

Combo – Soccer and Swim: \$75 residents \$100 nonresidents

Age Requirements: Ages 6-14

Location: Soccer at Nathan Hale – 37 Beech Dr., New London

Swim at Ocean Beach – 98 Neptune Ave., New London

Combo Camp: Drop off at Nathan, Pickup at Ocean Beach

COOKING CAMP

This camp will teach foundational culinary skills, including proper knife handling, cooking techniques, and recipe creation. Themes will be covered throughout the week, including appetizers, entrees, desserts and more! The last day of camp will be a mini cooking competition.

Instructor: Erica Gradecki

Date Information:

Session 1: Monday-Friday, August 12-16, 9:00 AM-12:00 PM

Session 2: Monday-Friday, August 19-23, 9:00 AM-12:00 PM

Age Requirements: Ages 5-17

Cost: \$125/session/resident \$135/session/nonresident

Location: TBD

TINY TUMBLERS (GYMNASTICS) CAMP

This camp will introduce campers to basic gymnastics skills. Utilizing gymnastics apparatus including the beam, junior bars, vaulting, and floor tumbling. Will include other activities.

Instructor: Cindy Lohr

Date Information: Monday-Friday, August 12-16, 9:00 AM-12:00 PM

Age Requirements: Ages 4-8

Cost: \$125/session/resident \$135/session/nonresident

Location: TBD

COOKING CLASSES

101 COOKING SERIES

A workshop series that gives a crash course in cooking! Please indicate any food allergies upon registration.

May 13: Gluten Free 101

July 29: Knife Skills 101

Instructor: Erika Gradecki

Date Information: Monday, 5:30-7:30 PM

Cost: \$30/resident/class \$40/nonresident/class

Age Requirements: Ages 18 and up

Location: Senior Center
10 Brainard St., New London

INTERNATIONAL COOKING WORKSHOPS

For the food explorer within, these one-night cooking classes will dive into a different country and take you on an adventure with various flavors and textures.

June 3: Korea

August 5: Peru

Instructor: Erika Gradecki

Date Information:

Monday, 5:30-7:00 PM

Cost: \$30/resident/class \$40/nonresident/class

Age Requirements: Ages 18 and up

Location: New London Senior Center
10 Brainard St., New London

CHEF JUNIOR

Do you love food? Is cooking fun and interest to you? Then learn some tricks of the trade with a certified personal chef! Please indicate any food allergies upon registration and bring a hat and apron to class.

Instructor: Erika Gradecki

Date Information:

Session 1: Around the World Part II May 21-June 12

Session 2: Party Foods! June 18 -July 10

Session 3: Summer Picnic Foods & Desserts August 20-September 10

Tuesdays: 6:00-7:00 PM

Wednesdays: 5:30-6:30 PM

Cost: \$50/resident \$60/nonresident

Age Requirements: Ages 5-17

Location: Recreation Department
111 Union St., New London



EDUCATION & CERTIFICATIONS

CPR/FIRST AID

The New London Recreation Department's First Aid/CPR/AED program is designed to help participants recognize and respond appropriately to cardiac, breathing, and first aid emergencies. The course gives participants the knowledge and skills needed to give immediate care to an injured or ill person when minutes matter, and to decide whether advanced medical care is needed. Participants will receive Red Cross CPR certification upon successful completion of the program. Each session is three, two-hour classes.

Instructor: Tommy Podeszwa

Date Information:

Mondays, May 6-20; 5:30-7:30 PM

Cost: \$55/resident \$65/nonresident

Age Requirements: Ages 15 and up

Location: New London Recreation Department
111 Union St., New London

CPR/FIRST AID FOR GROUPS

New London Recreation is available to hire for American Red Cross CPR/First Aid/AED certification for your group or organization. Contact Thomas Podeszwa at 860-447-5230 or email at tpodeszwa@newlondonct.org

UPCOMING CLASSES

CPR/First Aid classes starting in late August-September.
Lifeguarding Certification in November
Babysitting Certification in the fall.



ADULT FITNESS & DANCE

PICKLEBALL OPEN GYM

An opportunity for individuals to play pickleball indoors. Registration online at newlondonrec.com is required. Purchase a 10-session punch card or drop-in sessions. Download the Team Reach App, our group is New London Recreation with code 06320 to reserve your spot.

Date Information: Mondays, Wednesdays, or Thursdays, through June 20; 5:30-7:00 PM/ 7:00-8:30 PM.

Cost: \$5/session drop-in; \$30 punch card for 10 sessions

Age Requirements: Ages 16 and up

Location: Harbor School Gym
432 Montauk Ave., New London

ZUMBA WITH TERRY

Come join in the Zumba® Fitness dance party! Classes combine elements of cardio, muscle toning, balance and flexibility. This high-energy workout of fun, easy-to-follow dance moves to Pop, Latin, and international rhythms is exercise in disguise!

Instructor: Terry Weiss

Date Information:

Tuesdays, March 7-June 18; 4:30-5:30 PM

Cost: \$45/resident \$55/nonresident

Age Requirements: Ages 18 and up

Location: BP Learned
40 Shaw St., New London

TAI-YOGA BEATS

Come add some cardio to your Zen! Tai-Yoga Beats combines the benefits of Tai Chi and Yoga movements with dance to improve cardiovascular fitness. Great class for all ability levels.

Instructor: Dr. Lyn Litchke

Date Information:

Fridays, May 10-June 14; 5:00-6:00 PM

Cost: \$45/resident \$55/nonresident

Age Requirements: Ages 16 and up

Location: Harbor Elementary School
432 Montauk Ave., New London

ADULT TAP DANCING

Adult tap is back! Tap shoes required. Please also bring a water bottle each day.

Instructor: Amanda Darling

Date Information:

Session 1: Thursdays, May 2-June 6; 6:30-7:15 PM

Session 2: Thursdays, June 27-August 8 (no class 7/4)
6:30 -7:15 PM

Cost: \$45/resident \$55/nonresident

Age Requirements: Ages 18 and up

Location: Senior Center Dance Room
10 Brainard St., New London

BODY SCULPT

Full body strength building class which is guaranteed to help you in changing your body composition. Whether you need to lose weight or just tone up, this class will be great for you! Exercises are adaptable to people with varying fitness abilities. Exercise level: beginner to intermediate.

Instructor: Rachel Smith

Date Information:

Wednesdays, June 12-July 17; 6:00 -7:00 PM

Cost: \$45/resident \$55/nonresident

Age Requirements: Ages 16 and up

Location: TBD

SURF & TURF

Surf & Turf is a 60-minute moderate intensity exercise suitable for all ages. We spend half of the class exercising on the deck of the pool and the other half in the pool. Although the class is cardio intensive it takes a more athletic approach to water fitness! Intensity is adjustable to the participant.

Instructor: Rachel Smith

Date Information: Thursdays, July 11-August 8; 5:30-6:30 PM

Cost: \$45/resident \$55/nonresident

Age Requirements: Ages 18 and up

Location: Ocean Beach Pool
98 Neptune Ave., New London

FUN FUSION

A different kind of class that focuses on fitness components of strength, flexibility, and balance which becomes more important as we age. Class includes yoga, Pilates, ballet & more!

Instructor: Cindy Lohr

Date Information:

Mondays, June 3-July 1, 4:30-5:15 PM

Cost: \$40/resident \$50/nonresident

Age Requirements: Ages 16 and up

Location: Harbor Elementary School
432 Montauk Ave., New London

HALF & HALF WITH CINDY LOHR

A class that has it all! First half is cardio & balance, and the second half will focus on strength and flexibility. Great to start out with or build on what you already have! Beginner to intermediate level.

Instructor: Cindy Lohr

Date Information:

Thursdays, May 30-June 27; 4:30 PM-5:30 PM

Cost: \$40/resident \$50/nonresident

Age Requirements: Ages 16 and up

Location: Harbor Elementary School
432 Montauk Ave., New London

NEW LONDON YOUTH AFFAIRS

Mission: New London Youth Affairs is a youth Service Bureau which promotes positive outcomes for children, youth, and families by supporting a wide range of comprehensive services and collaborations.
All the following programs are offered free of charge.

EARLY CHILDHOOD FAMILY CENTER

Family series/resources are provided for children from birth to 3 years and their caregivers. The Family Center promotes child development skills, assistance accessing preschool slots, links to community services, developmental screening, free books, educational trips, parent mental health support workshops, and early childhood/family basic needs items.

WHALE'S TALES CHILDREN'S BOOK BANK & LITTLE FREE LIBRARIES

The book bank provides thousands of free books to youth, their families, and the community; and collaborates to implement literacy programs. Books and donations are welcome at Stanton Building book bank, and Little Free Libraries at Bates Woods Park, Green Harbor Beach, Mahan Park, Jennings School, Calkins Park, & Stanton Building lawn.

DIAPER BANK

NLYA distributes diapers to enrolled families, packaged per individualized needs. New registrants can complete forms on the Youth Affairs website: www.newlondonyouthaffairs.org. Please call the diaper bank cellphone at 959-242-4818 with related questions. In additions to office hours (M-F, 8:30-4), open hours are also available Mondays, 5-7 pm, for diapers, other distributions, and links to community resources.

COOL (CAREERS OF OUR LIVES)

COOL targets high school juniors and seniors for placement in post-secondary education/training, and/or employment/apprenticeships. COOL assists with career and educational guidance, job seeking skills, portfolio development, driver's education support, and work based learning experiences including internships.

PARENT LEADERSHIP

This program offers an opportunity to strengthen parents'/ adults' skills to advocate for children in schools and the community. Free courses include childcare, meals, translation, transportation, and family supports. English and Spanish trainings include People Empowering People (PEP) and Por Los Ninos (opioid prevention), and other skill building/education workshop opportunities.

CT YOUTH EMPLOYMENT & TRAINING PROGRAM

Provides short-term summer and school year employment, career pipeline opportunities, as well as long-term employability training for 14-24 year olds. Young people gain work experience, initiate career contacts, and improve marketable skills. Dozens of varied worksites and contributing employment partners benefit youth.

TEEN LINKS

Teen Links supports middle school and high school aged teens achieve academic and employment objectives. Skill growth is targeted via school year workforce/career readiness certification including first aid/CPR, employment placements, evidenced based curricula life skills series (Your Voice Counts, E3, Girls Circle, Boys Council), Let's Talk career/risk prevention/mental health sessions, basic needs support, and enhancement excursions.

NL COMMUNITY CONNECTIONS COALITION (NLCCC)

NLCCC functions as a consortium of New London area organizations, dedicated to preventing youth substance use/risky behaviors and promoting health/mental health. Efforts include community education, skills development, and prevention initiatives.

JUVENILE REVIEW BOARD (JRB) AND SCHOOL ATTENDANCE PROMOTION

The JRB is a community based opportunity that diverts young people from the Juvenile Justice System and connects them with local services and resources to meet their needs and interests. Strategies are also implemented to promote school attendance and support FWSN (Families with Service Needs) youth, enhancing employment, academic, life skills, and health opportunities.

FAMILY/COMMUNITY EVENTS

Youth Affairs coordinates and partners to offer large scale family and community events, providing information and activities.

